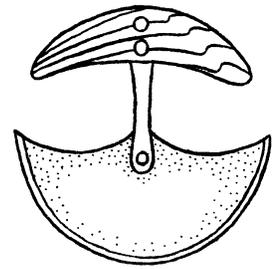


Information for Inuit Community Members

Fact Sheet 4 HIV/AIDS -Related Illnesses



KALETRA

What is Kaletra?

Kaletra is a medicine that is part of a large family of drugs usually called protease inhibitors. It is a medicine that fights the virus called HIV. It is usually taken with other medications that form the "AIDS Cocktail".

What does Kaletra do?

Kaletra helps keep the amount of HIV virus in your blood as low as possible. By keeping the amount of HIV in your blood low, you have a stronger immune system and you are better able to fight common infections.

Does Kaletra have side effects?

Most medicines have side effects. HIV is a strong virus that requires powerful medicine to fight it. As a result, the side effects to medicines like Kaletra can be hard to get used to.

Not everyone who takes Kaletra gets side effects. Some people however, have a hard time and have side effects that make them want to stop taking it. It is important to understand that even if you are having side effects, you should never stop taking medicine without first talking to your doctor. Stopping Kaletra or any other medicine that your doctor has given you without talking to your doctor first can be risky.

It is common for about half of all people who take Kaletra to have either or both of the following side effects:

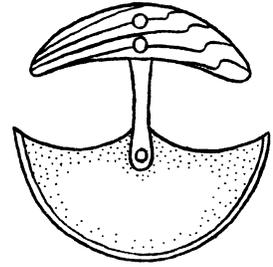
- ◆ Sour stomach
- ◆ Diarrhea

It is very important to report all of your side effects to your doctor when taking Kaletra. One of the things you may find helpful is to keep a written record of your side effects from the day you start taking Kaletra and give it to your doctor so you do not forget anything.



Information for Inuit Community Members

Fact Sheet 4 HIV/AIDS -Related Illnesses



Common Questions people ask about Kaletra:

Q: Can I take Kaletra if I am pregnant?

A: Kaletra has not been widely used by pregnant women so doctors do not know if it is safe for them or their babies. If you are pregnant, are planning to get pregnant, or could possibly become pregnant and you are taking Kaletra, it is important to talk honestly to your doctor. The doctor may choose to give you another medicine instead of Kaletra.

Q: Do I have to take Kaletra every day?

A: Yes. It is important to take any medicine exactly the way the doctor tells you to. Kaletra will only work if it is taken regularly along with other medicines that are part of the AIDS Cocktail.

Q: Is Kaletra dangerous to my children?

A: Yes. All medicine should be stored in a place that a child cannot reach. Like all other medicines, Kaletra could cause serious health problems to anyone who was not told to take it by a doctor. All medicines that you take to treat your HIV, AIDS or Hepatitis C infection should be kept in a safe place.

