



Sexual Behaviours and Attitudes

Canadian Teenagers and Mothers

Association Canadienne pour la Santé des Adolescents



Canadian Association for Adolescent Health

Survey Objectives

- Provide insights into teenagers' attitudes and behaviours with regard to sex and sexual health
- Assess mothers' perception of teenagers' attitudes and behaviours with regard to sex and sexual health
- Measure awareness of sexually transmitted infections among teenagers and mothers
- Determine the sources used by teenagers and mothers to find information about sex and sexual health
- Identify the gaps and barriers in getting information about sex and sexual health
- Assess perceptions of communication around sex and sexual health between parents and teenagers





Many Canadian teens are engaging in sexual behaviours that pose a threat to their health.

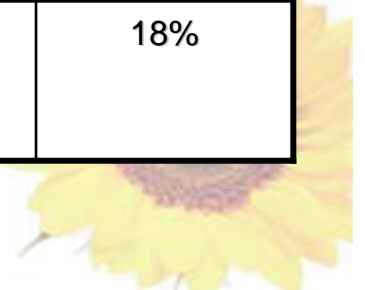
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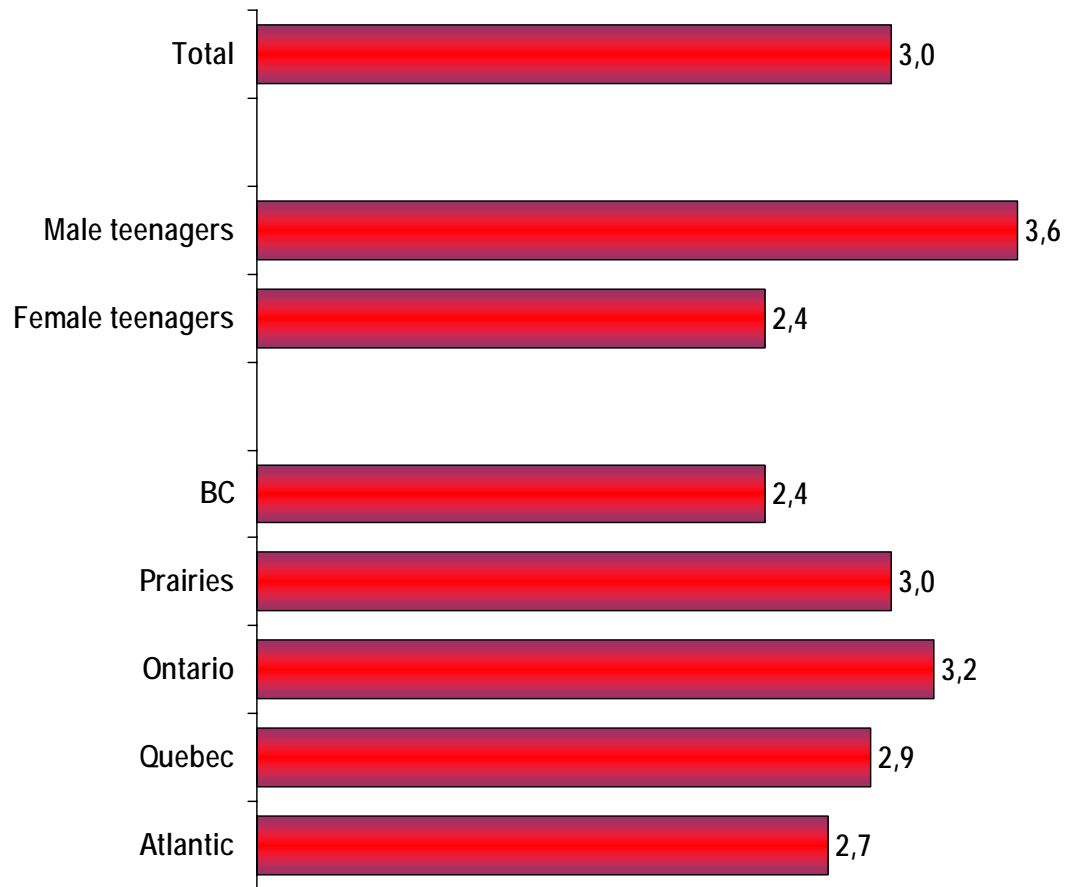
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Sexual Activity Status Of Teenagers

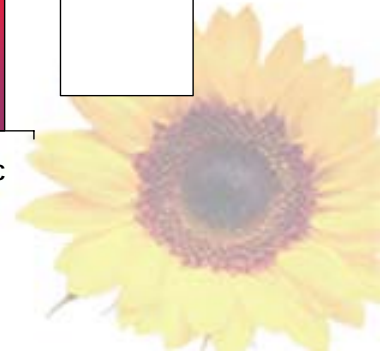
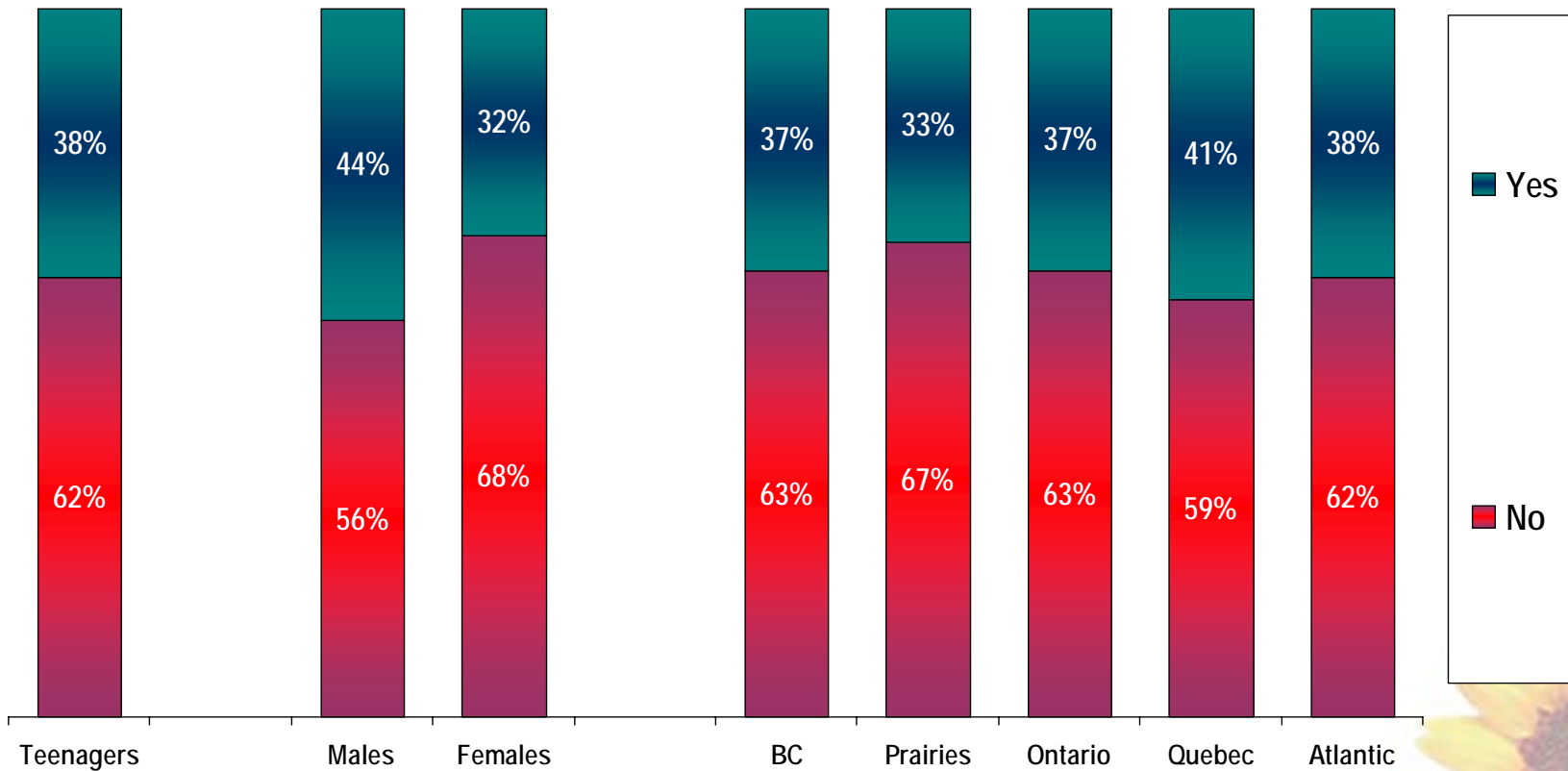
	Total (n=1171)	14 yrs old (n=262)	15 yrs old (n=298)	16 yrs old (n=314)	17 yrs old (n=297)
Not sexually active (NET)	73%	93%	80%	66%	55%
I have not yet become sexually active	57%	79%	65%	48%	40%
I have not yet become sexually active but think I could become sexually active in the next 12 months	16%	14%	15%	18%	15%
Sexually active (NET)	27%	7%	20%	34%	45%
I am currently sexually active	15%	3%	10%	19%	27%
I am not currently sexually active, but have been in the past	12%	4%	10%	15%	18%



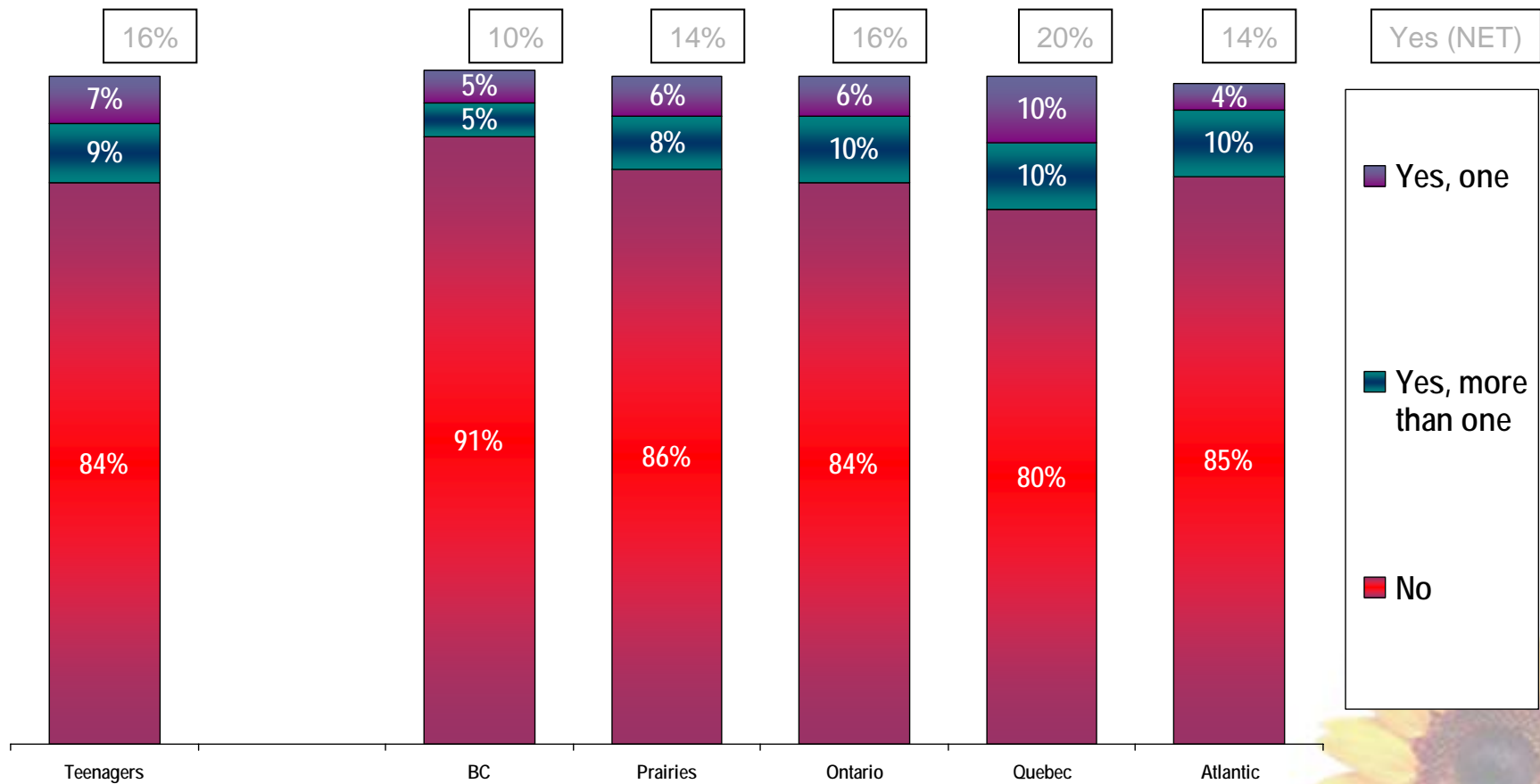
Number Of Sexual Partners Since First Becoming Sexually Active



Whether Ever Participated In Casual Sexual Activities

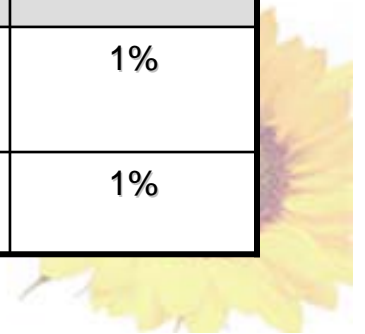


Whether Partner Has/Had Multiple Sexual Partners

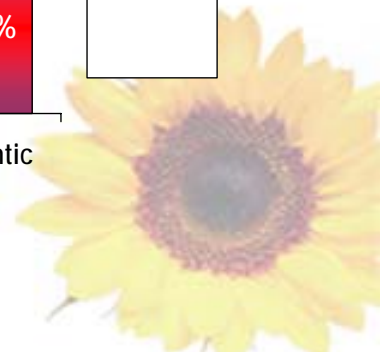
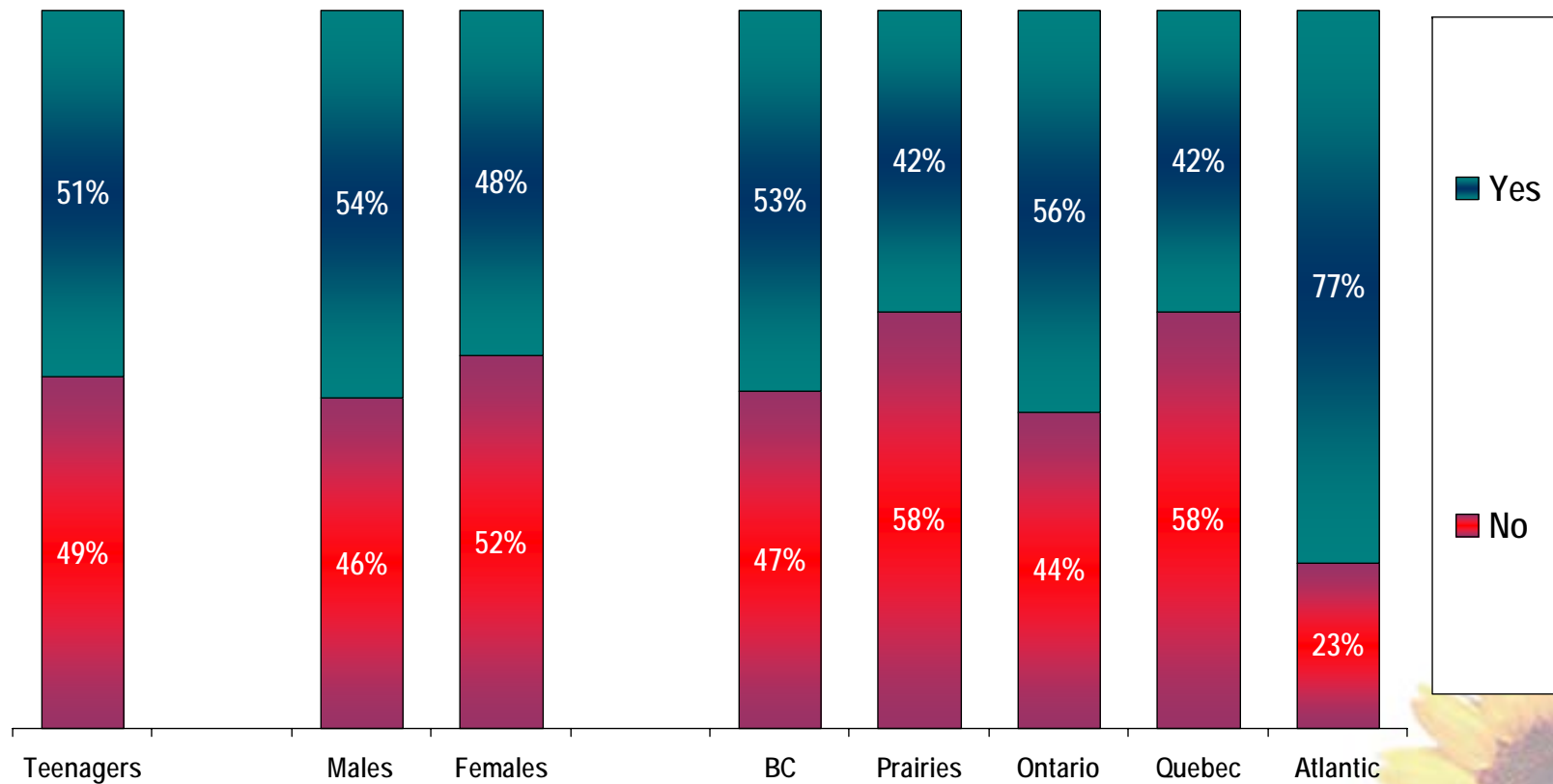


Method Of Contraception Used Last Time Had Sex – By Age

	Total (n=319)	14 yrs old (n=19)	15 yrs old (n=59)	16 yrs old (n=108)	17 yrs old (n=133)
Condom	76%	79%	80%	79%	72%
Use condom but not oral contraception	53%	59%	55%	55%	51%
Oral contraception (birth control pills)	33%	31%	33%	32%	35%
Withdrawal/ None of the above (Net)	19%	16%	17%	23%	17%
- None of the above	10%	11%	12%	11%	9%
- Withdrawal	9%	5%	5%	12%	8%
Other contraception methods (patch, injection, ring, intra uterine device, foam)	4%	10%	3%	5%	1%
Emergency contraception (morning after pills)	1%	5%	-	1%	1%

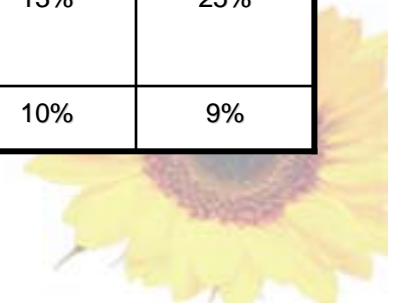


Whether Users of Condoms Check For Breakage After Usage

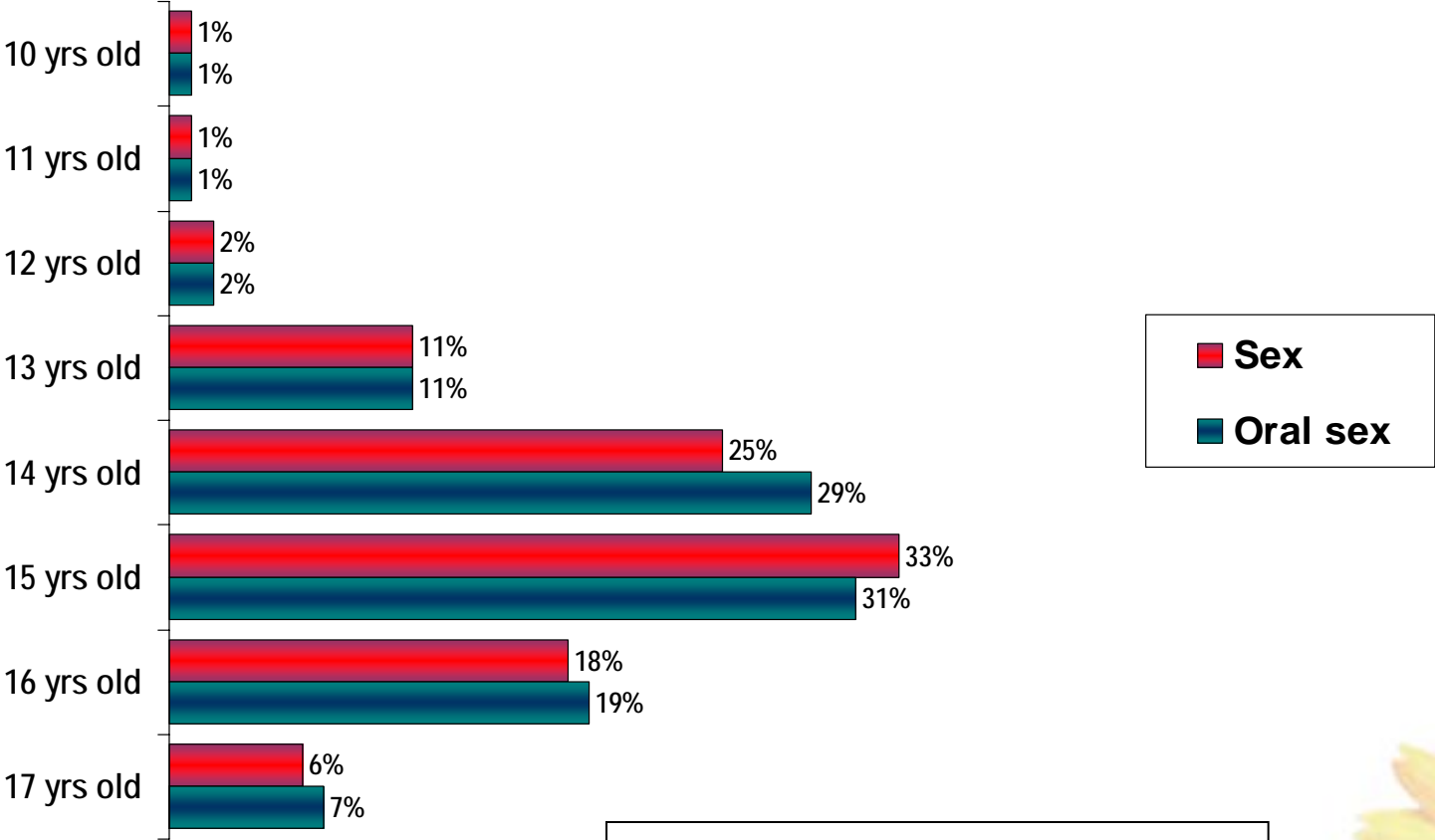


Activities Engaged In Since Becoming Sexually Active

	Total (n=319)	Males (n=147)	Females (n=172)	BC (n=43)	Prairies (n=37)	Ontario (n=115)	Quebec (n=105)	Atlantic (n=19)
Kissing with open mouth and tongue/'French kissing'	90%	88%	91%	88%	95%	90%	88%	94%
Vaginal intercourse	85%	80%	89%	77%	87%	84%	90%	85%
Touching genitals	76%	73%	79%	67%	87%	71%	83%	75%
Touching or kissing breasts or nipples	70%	78%	62%	63%	87%	66%	68%	88%
Oral sex	68%	67%	68%	56%	87%	68%	68%	63%
Masturbating someone else or being masturbated	58%	54%	61%	53%	54%	56%	64%	62%
Masturbating oneself in another's presence	25%	25%	25%	28%	22%	25%	26%	22%
Masturbating oneself while on the telephone or in email contact with another	17%	18%	16%	19%	19%	17%	13%	25%
Anal intercourse	9%	8%	11%	12%	8%	9%	10%	9%



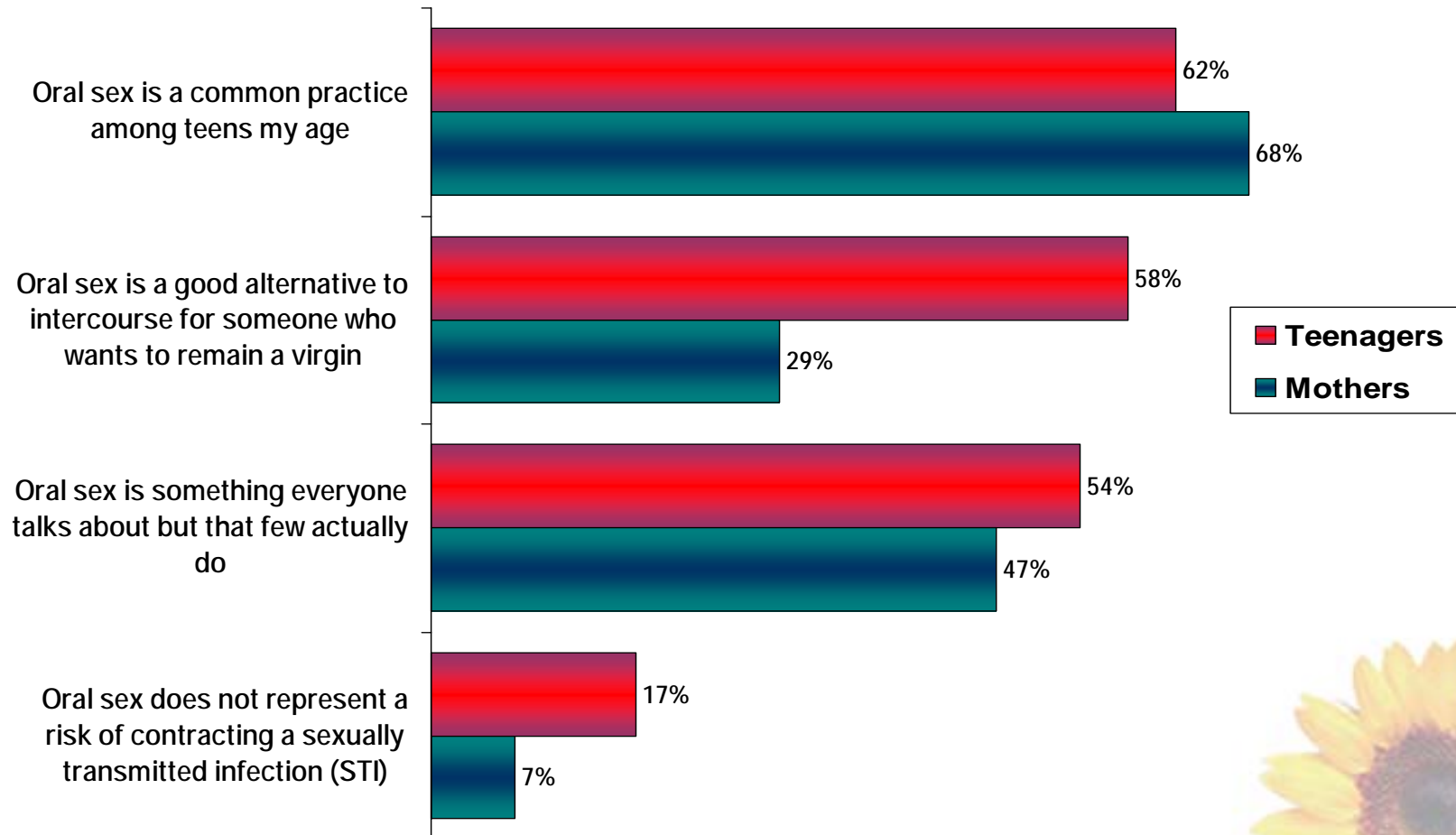
When First Had Sex / Oral Sex



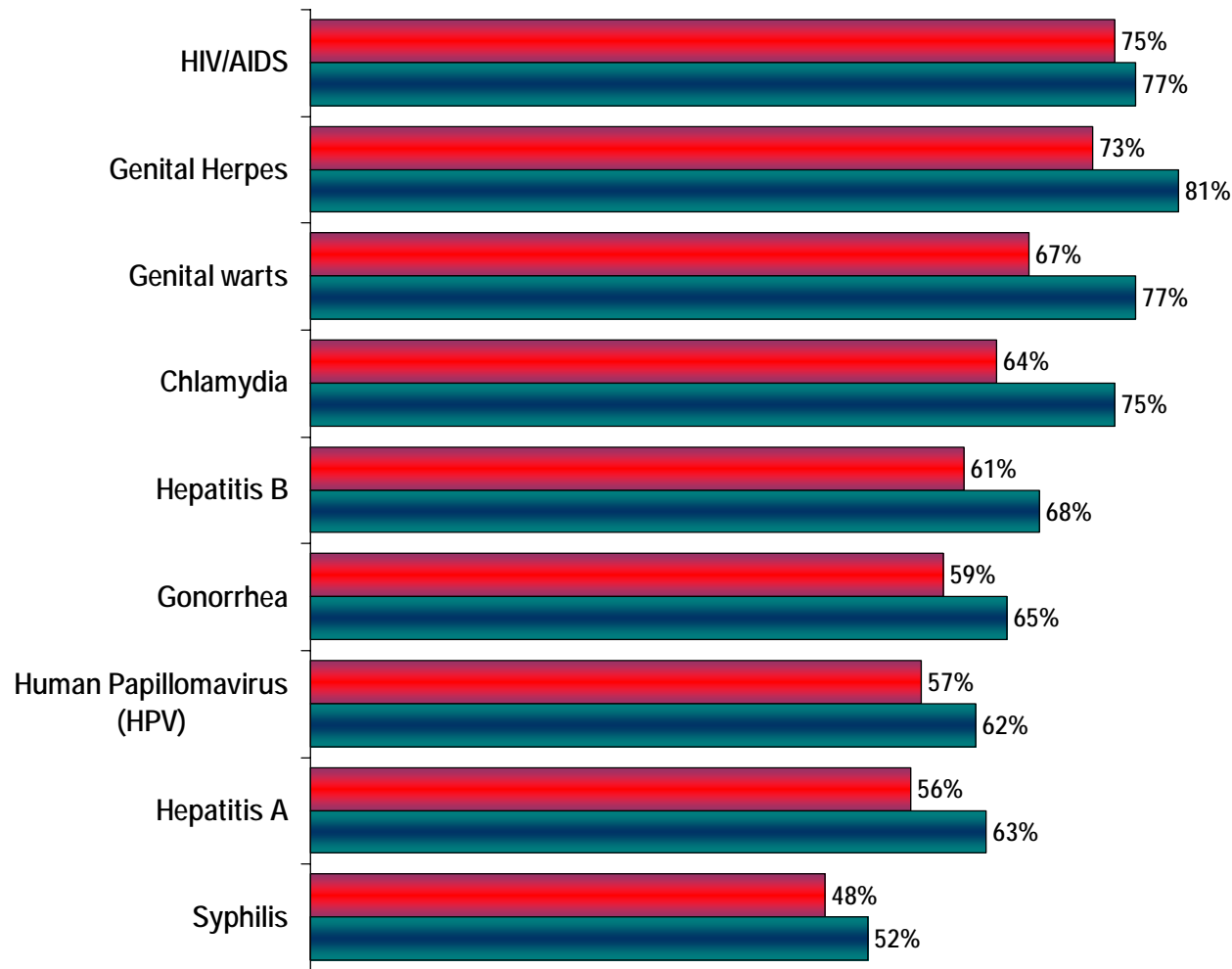
Mean age for sex and oral sex: 15 yrs old



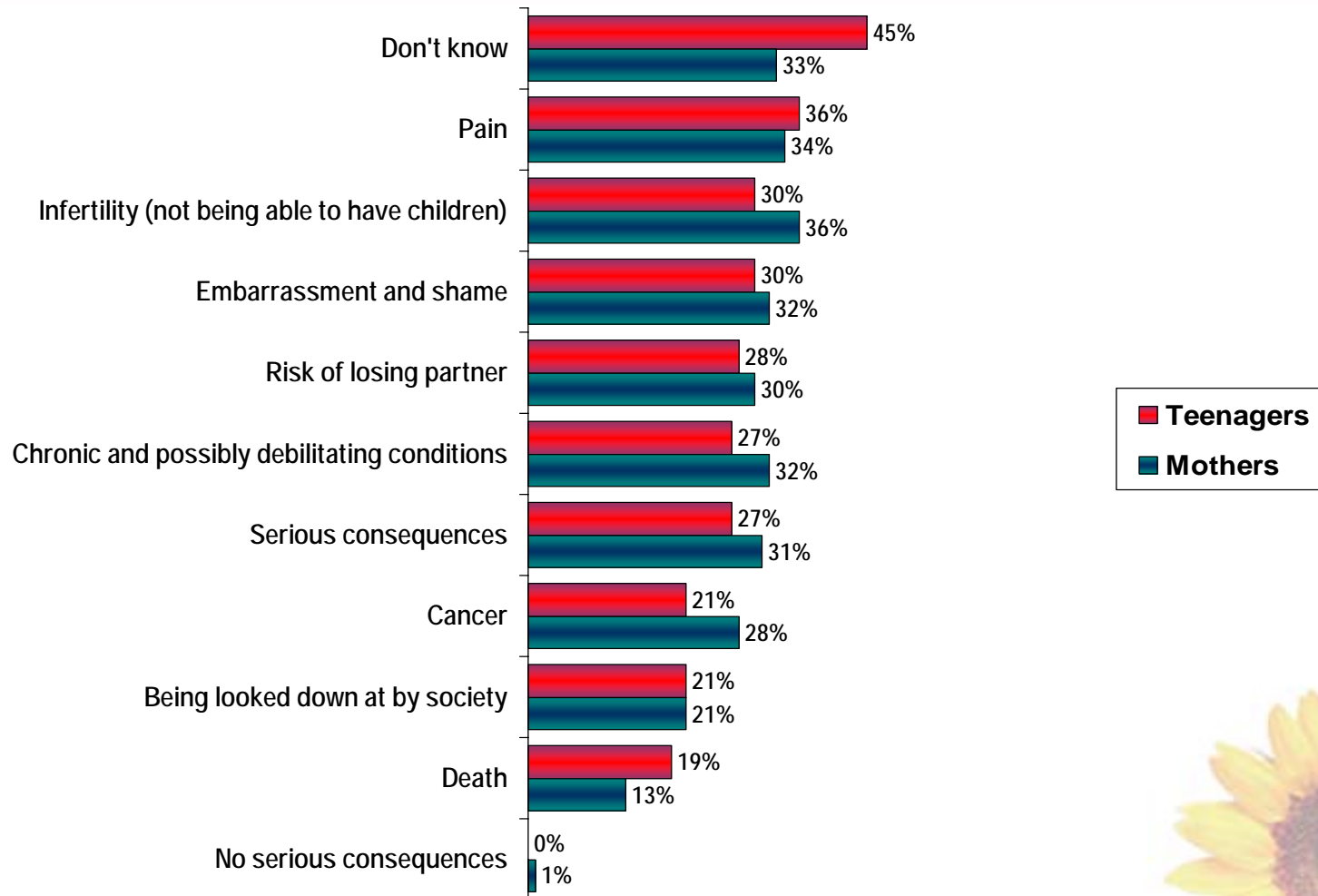
Attitudes to Oral Sex – Top 2 Box (Strongly Or Somewhat Agree)



How Common STIs Perceived To Be – Top 2 Box (Very Or Somewhat Common)



Possible Consequences Of Human Papillomavirus (HPV)





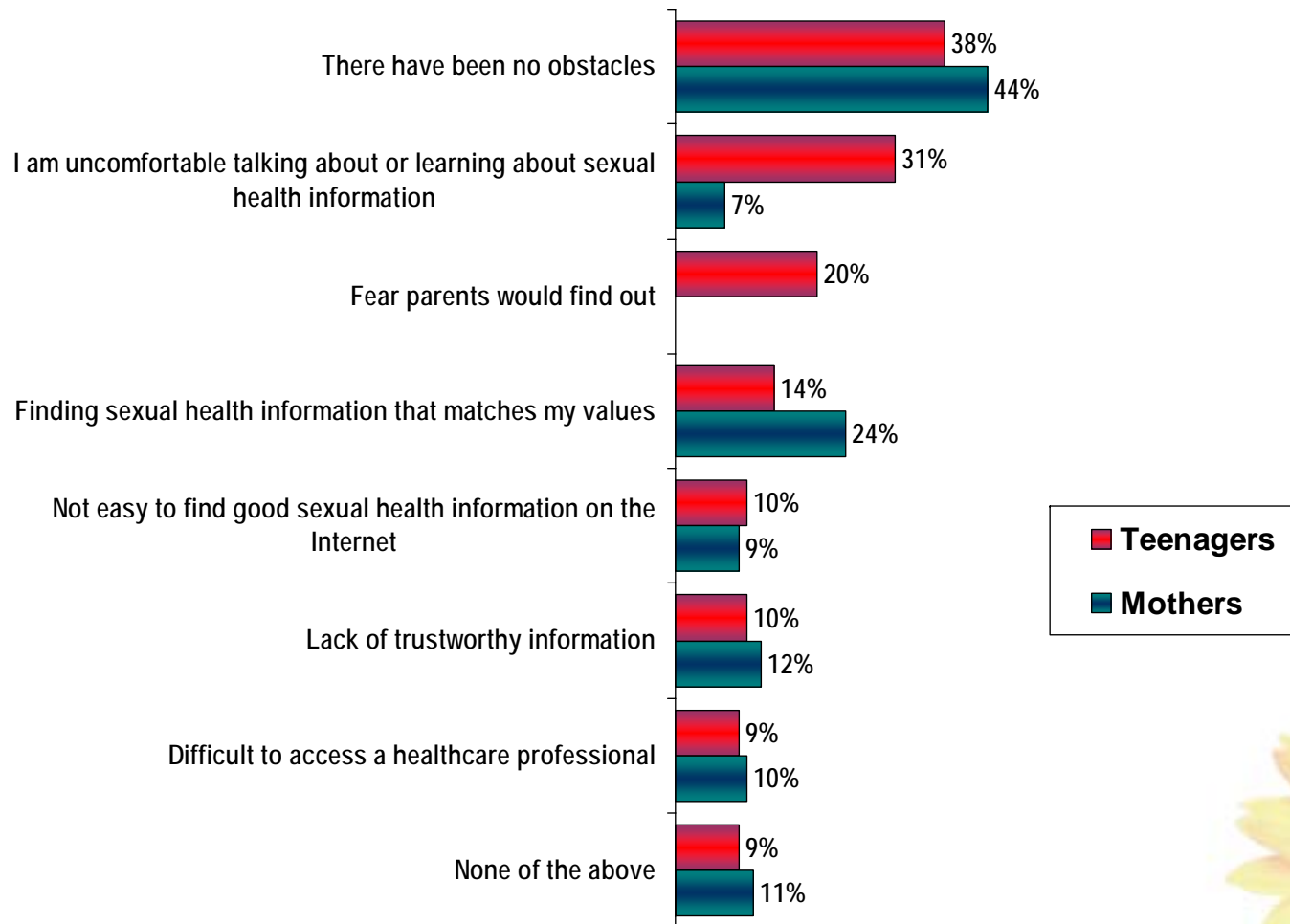
Canadian teens face significant barriers when seeking information about STIs and other sexual health matters.

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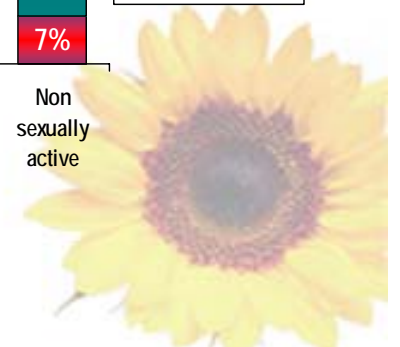
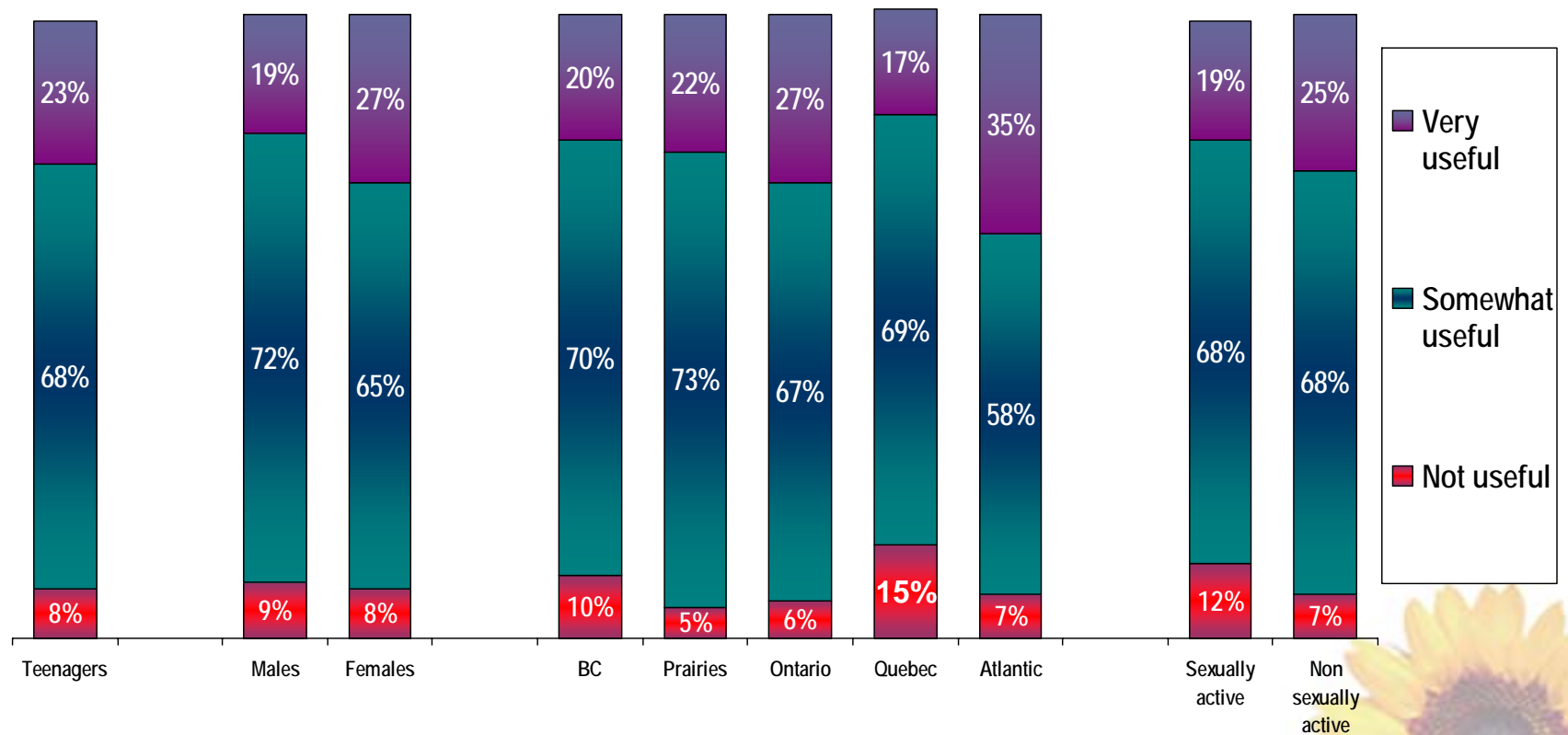


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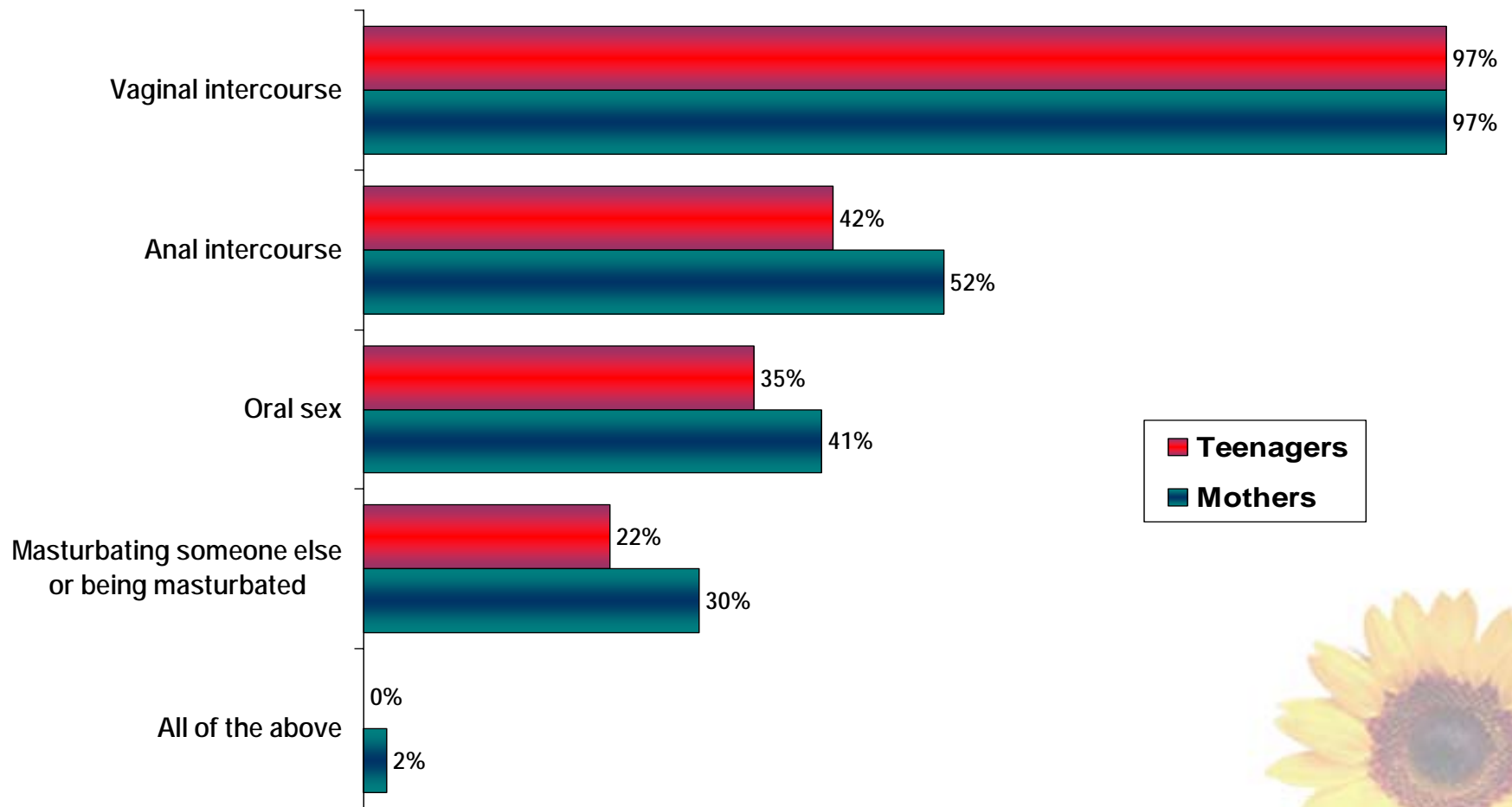
Obstacles Or Barriers In Getting Answers To Questions About Sex And Sexual Health



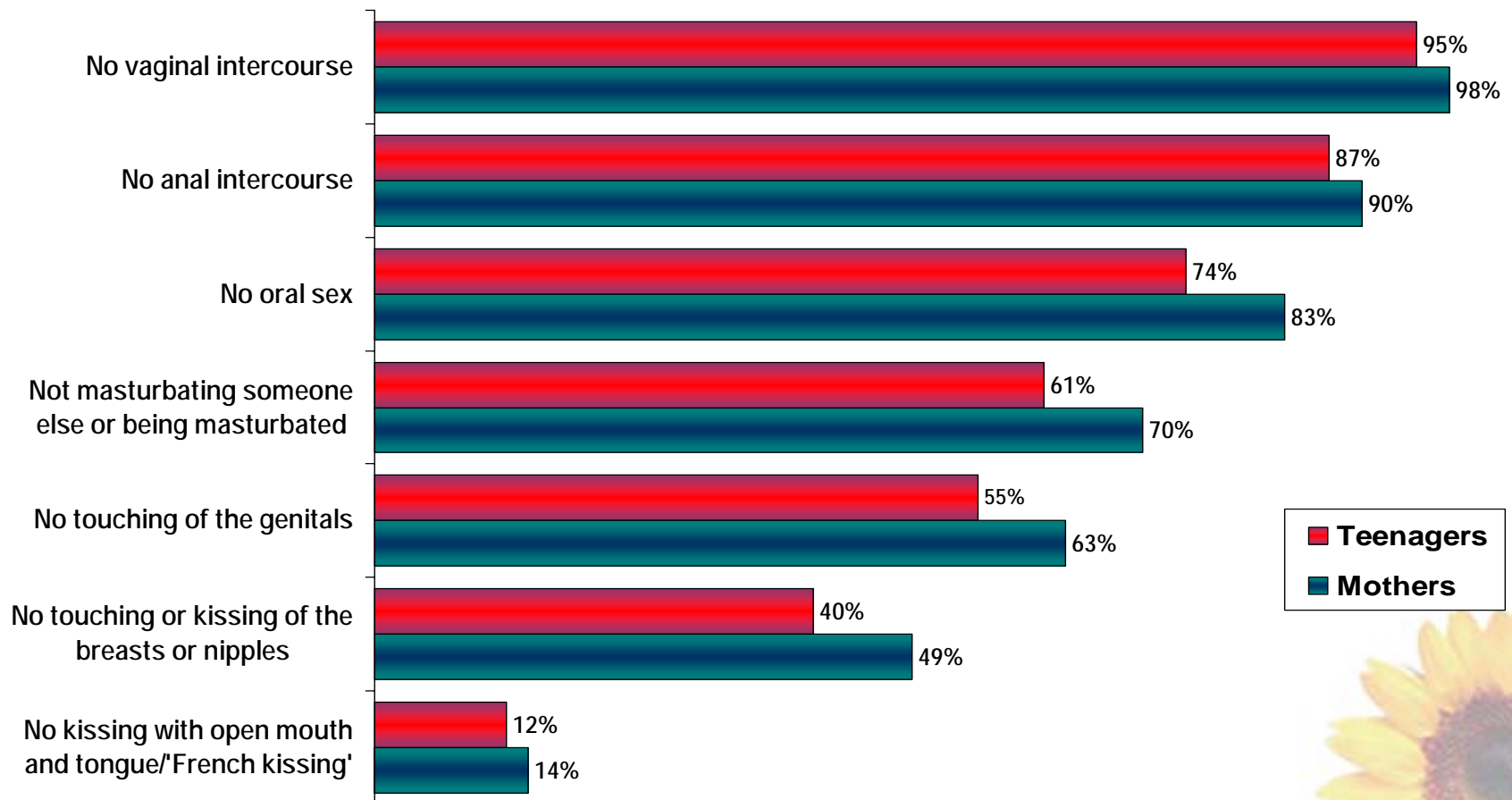
Usefulness Of Sex Education In School



Definition Of Sexual Intercourse



Definition Of Sexual Abstinence





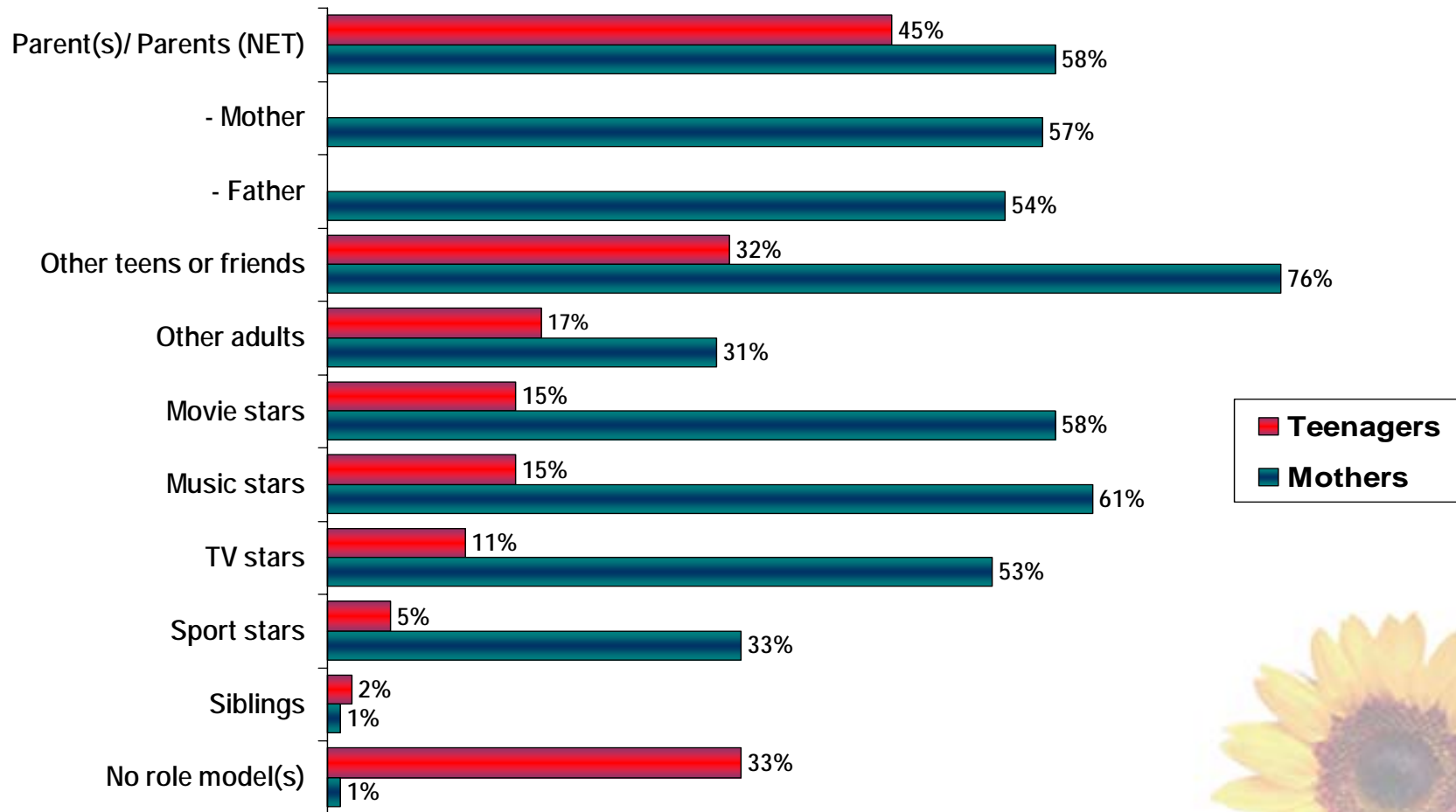
Parents underestimate their importance and the role teens expect them to play regarding their sexuality and sexual health.

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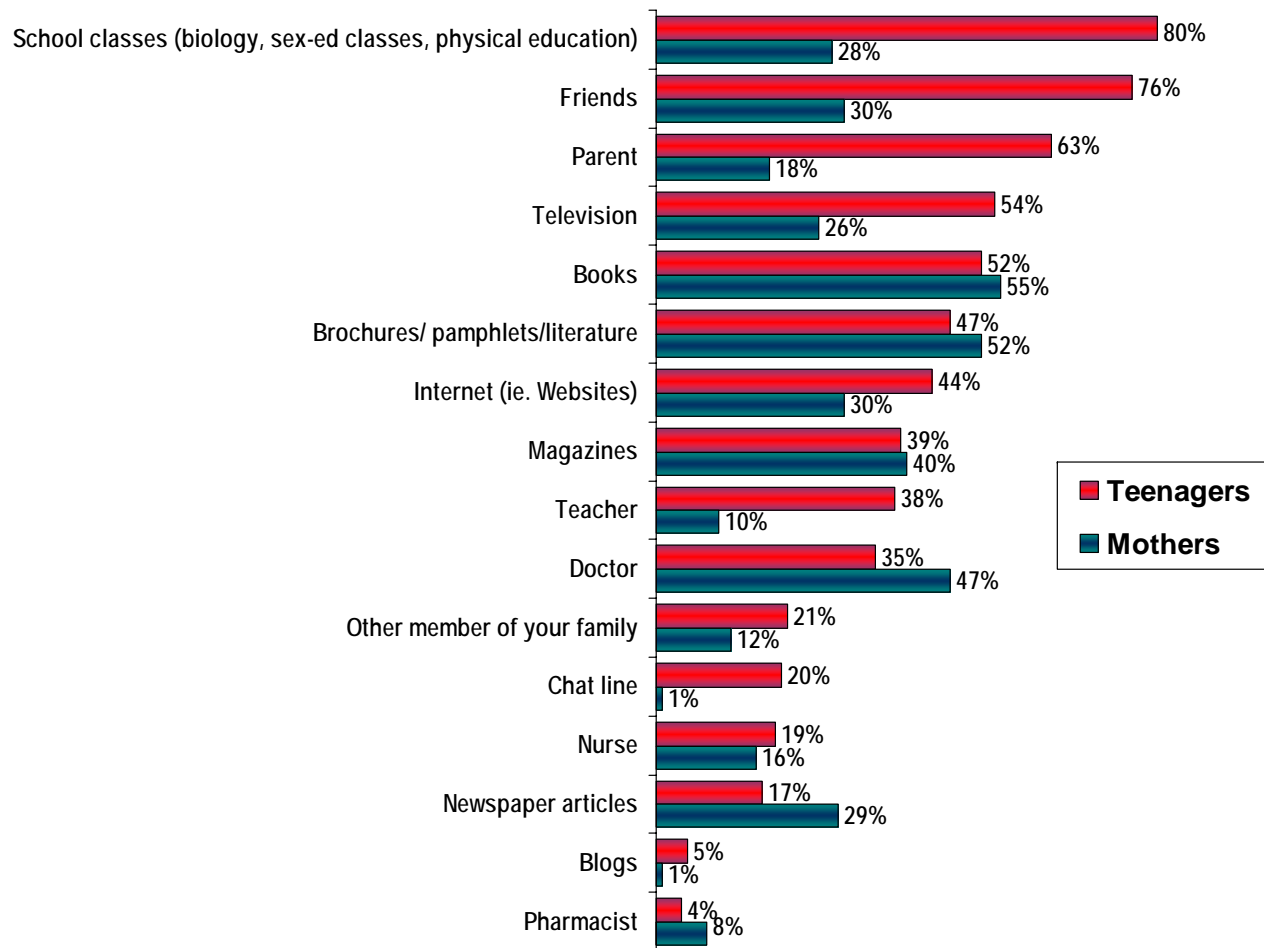


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Teenagers' Role Models When It Comes To Sex



Sources Of Information About Sex And Sexual Health Issues – Teenagers



Most Useful And Valuable Sources Of Information About Sex And Sexual Health

