

Crystal

A different kind of party

(Tina, Krank, Tweak, Meth, Ice, Glass) ...

Crystal

- Crystal (crystal methamphetamine) is sold as a transparent crystalline powder or an opaque white or yellowish powder.
- It is a synthetic drug made with toxic ingredients such as ephedrine, paint solvent, ammonia, battery fluid and drain cleaner (e.g. Drano).
- **Crystal is highly addictive - just one dose can be enough.**
- When the high is over, crystal use can result in severe energy loss, strong depression, and an obsessive need to continue using.

*"Crystal generates feelings of euphoria and invincibility. Inhibitions are lowered and impulses become difficult to control. This can lead to increased risk-taking, especially during sex. **Sex without condoms greatly increases the risk of HIV transmission and infection by other STDs.**"*

Dr. Pierre Côté, Clinique du Quartier Latin.

"Using crystal can have a major, long-term impact on your health, including increased blood pressure leading to heart attack or stroke, and increased body temperature leading to kidney problems and muscle disintegration. Crystal can also cause anxiety, panic attacks, paranoia, and psychosis. This is a high price to pay for a night of fun."

Dr. Tellier, Dr. Pierre-Paul Tellier, McGill University.

"If you have HIV, using crystal can make you forget to take your medications. This can cause treatments to become less effective, and can lead to drug resistance and increased in viral load, making HIV easier to transmit. The risks are high, both for people who use crystal and for their sexual partners."

Dr. Roger Leblanc, LORI Medical Clinic.

For more information, visit www.sero-zero.qc.ca or call 514.521.7778.

Need help? Call the Drugs: Help and Referral 24h phone line: 514-527-2626 or 1-800-265-2626

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