

# Not just needles. Everything new, every time. Prevent Hep C.



Hepatitis C can be passed on when sharing things that have come in contact with blood, such as needles for injecting, tattooing or piercing. Using new or properly sterilized equipment each time prevents Hep C.

Your local organization: \_\_\_\_\_



Hep C is passed on from someone with Hep C to someone without Hep C only through blood-to-blood contact. This often happens when people share things that have come in contact with blood. Sharing means re-using, borrowing or buying things that were already used by another person.

### **Blood may be on:**

- needles, syringes, filters, cookers, acidifiers, alcohol swabs, ties (tourniquets) and water used for preparing and injecting drugs
- pipes, straws and rolled paper or money used for snorting drugs
- piercing or tattooing equipment (including ink and ink pots) that has been used and not properly sterilized
- razors, nail clippers and toothbrushes used by someone else

### **To prevent Hep C:**

- Use new equipment—including needles, syringes, filters, cookers, swabs and water—each time you inject drugs.
- Get a tattoo or piercing in a professional studio that uses only sterile equipment, new needles and new ink. It's important not to share any equipment, including the ink, when tattooing outside of a studio.



Canada's source for  
HIV and hepatitis C  
information

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