

HEP C

YOU CAN GET IT
MORE THAN ONCE.

PROTECT YOURSELF.
PROTECT OTHERS.

www.hepcinfo.ca
1-800-263-1638

HEPATITIS
Knowing helps.  **C**

HEP C: YOU CAN GET IT MORE THAN ONCE. PROTECT YOURSELF. PROTECT OTHERS.

- The Hep C virus is carried in blood and can live outside the body for many days. You can get Hep C from blood you can't even see.
- If you share drug-use equipment, you could give Hep C to someone else. Sharing means passing on, selling, giving or lending any of your stuff.
- You could also get infected with a different type of Hep C or another disease like HIV.
- You can get Hep C more than once. You are not immune, even if you got rid of the virus before. You can get vaccinated for hepatitis A and B but **there's no vaccine for Hep C.**
- It's okay to kiss and hug family and friends, but remember:
 - Not just new needles—use new cookers, filters, ties, acidifiers, swabs and water every time as well. This goes for crack pipes and straws too.
 - Have your own razors, toothbrushes and anything else that might get blood on it.
 - Don't pass on, give, lend or sell used piercing or tattooing equipment (including your ink).
 - Use a condom or dental dam for sex every time to be extra safe.



www.hepcinfo.ca
1-800-263-1638